

# Values Worksheet

Place the abbreviation for each of the values listed in the **Work Values Inventory** into one of the categories below to indicate how important each value is to you in your work.

Highly Important	Moderately Important	Not Important
<p>Rank order the values in this category.</p>		

## Work Values Inventory<sup>1</sup>

- |                        |                             |  |
|------------------------|-----------------------------|--|
| Achievement (ACH)      | Health (HAE)                | Mechanical and physical activity (MPA) |
| Advancement (AVA)      | High income (HIN)           | Moral and religious concerns (MRC)     |
| Adventure (AVE)        | Home and leisure life (HLL) | Outdoor work (OUT)                     |
| Aesthetics (AES)       | Independence (IND)          | Physical appearance (PHA)              |
| Predictable work (PRE) | Friendships at work (FRI)   | People contact (PEC)                   |
| Competition (COM)      | Interesting work (INT)      | Recognition (REC)                      |
| Early entry (EAN)      | Leadership (LEA)            | Security (SEC)                         |
| Altruism (ALT)         | Exhibition (EXH)            | Status/prestige (STP)                  |
| Creativity (CRE)       | Lifestyle (LIF)             | Variety (VAR)                          |
| Fairness (FAI)         | Location of work (LOC)      | Work environment (WEN)                 |

## Top Ten Work Values

- |    |     |
|----|-----|
| 1. | 6.  |
| 2. | 7.  |
| 3. | 8.  |
| 4. | 9.  |
| 5. | 10. |

<sup>1</sup> Lock, R. D. (2004). Taking charge of your career direction: Career planning guide, book 1 (5th ed.). Belmont, CA: Thomson/Brooks Cole