

# Creating My Development Plan

## Step 1: Identify your professional development needs.

Continuing your professional development is critical at all phases of your career. Consider your level of proficiency in the following list of core professional skills and in which areas you need to develop during this phase of your career.

For each skill, identify whether you:

- Have a solid proficiency in this skill already
- Expect to learn this skill from mentor or program
- Need training or practice in this skill

Career Path Preparation	Communication Skills	Self-Assessment & Development
<div style="display: flex; justify-content: space-between; margin-bottom: 5px;"> <span>Have</span> <span>Expect</span> <span>Need</span> </div> <div style="display: flex; align-items: center; margin-bottom: 10px;"> <div style="display: flex; justify-content: space-around; width: 30px;"> <div style="width: 100%; height: 15px; background-color: #003366;"></div> <div style="width: 100%; height: 15px; background-color: #0070C0;"></div> <div style="width: 100%; height: 15px; background-color: #ADD8E6;"></div> </div> <div style="margin-left: 10px;">Exploring Career Options</div> </div> <div style="display: flex; align-items: center; margin-bottom: 10px;"> <div style="display: flex; justify-content: space-around; width: 30px;"> <div style="width: 100%; height: 15px; background-color: #003366;"></div> <div style="width: 100%; height: 15px; background-color: #0070C0;"></div> <div style="width: 100%; height: 15px; background-color: #ADD8E6;"></div> </div> <div style="margin-left: 10px;">Acquiring Career Experience (project, work, or volunteer experience specific to a targeted career path)</div> </div> <div style="display: flex; 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Project Management, Leadership & Collaboration	Teaching & Mentorship	Scholarly Expertise & Integrity
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## Step 2: Identify training needs specific to your goal.

Now, consider your professional goals during your training career at UCLA and your professional goals in pursuing a future career path. Consider what additional skills and training you may need to meet those goals, beyond those identified in Step 1.

For each goal, list additional skills or training needed and note whether you:

- Expect to learn this skill from mentor or program
- Need training or practice in this skill

Identify your research, academic, and training goals	Any additional skills, training, or experience needed																											
<p>E.g. Prepare for presenting thesis work at seminars and conferences</p> <hr/> <p>E.g. Expand my network of mentors beyond my faculty advisor</p> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>	<table border="0"> <tr> <td style="text-align: center; vertical-align: middle;">Expect Need</td> <td style="text-align: center; vertical-align: middle;"><input checked="" type="checkbox"/> <input type="checkbox"/></td> <td style="border-bottom: 1px solid black;">Join toastmasters group</td> </tr> <tr> <td style="text-align: center; vertical-align: middle;"><input checked="" type="checkbox"/> <input type="checkbox"/></td> <td style="text-align: center; vertical-align: middle;"><input checked="" type="checkbox"/> <input type="checkbox"/></td> <td style="border-bottom: 1px solid black;">Take networking workshop</td> </tr> <tr> <td style="text-align: center; vertical-align: middle;"><input checked="" type="checkbox"/> <input type="checkbox"/></td> <td style="text-align: center; vertical-align: middle;"><input checked="" type="checkbox"/> <input type="checkbox"/></td> <td style="border-bottom: 1px solid black;"></td> </tr> <tr> <td style="text-align: center; vertical-align: middle;"><input checked="" type="checkbox"/> <input type="checkbox"/></td> <td style="text-align: center; vertical-align: middle;"><input checked="" type="checkbox"/> <input type="checkbox"/></td> <td style="border-bottom: 1px solid black;"></td> </tr> <tr> <td style="text-align: center; vertical-align: middle;"><input checked="" type="checkbox"/> <input type="checkbox"/></td> <td style="text-align: center; vertical-align: middle;"><input checked="" type="checkbox"/> <input type="checkbox"/></td> <td style="border-bottom: 1px solid black;"></td> </tr> <tr> <td style="text-align: center; vertical-align: middle;"><input checked="" type="checkbox"/> <input type="checkbox"/></td> <td style="text-align: center; vertical-align: middle;"><input checked="" type="checkbox"/> <input type="checkbox"/></td> <td style="border-bottom: 1px solid black;"></td> </tr> <tr> <td style="text-align: center; vertical-align: middle;"><input checked="" type="checkbox"/> <input type="checkbox"/></td> <td style="text-align: center; vertical-align: middle;"><input checked="" type="checkbox"/> <input type="checkbox"/></td> <td style="border-bottom: 1px solid black;"></td> </tr> <tr> <td style="text-align: center; vertical-align: middle;"><input checked="" type="checkbox"/> <input type="checkbox"/></td> <td style="text-align: center; vertical-align: middle;"><input checked="" type="checkbox"/> <input type="checkbox"/></td> <td style="border-bottom: 1px solid black;"></td> </tr> <tr> <td style="text-align: center; vertical-align: middle;"><input checked="" type="checkbox"/> <input type="checkbox"/></td> <td style="text-align: center; vertical-align: middle;"><input checked="" type="checkbox"/> <input type="checkbox"/></td> <td style="border-bottom: 1px solid black;"></td> </tr> </table>	Expect Need	<input checked="" type="checkbox"/> <input type="checkbox"/>	Join toastmasters group	<input checked="" type="checkbox"/> <input type="checkbox"/>	<input checked="" type="checkbox"/> <input type="checkbox"/>	Take networking workshop	<input checked="" type="checkbox"/> <input type="checkbox"/>	<input checked="" type="checkbox"/> <input type="checkbox"/>		<input checked="" type="checkbox"/> <input type="checkbox"/>	<input checked="" type="checkbox"/> <input type="checkbox"/>		<input checked="" type="checkbox"/> <input type="checkbox"/>	<input checked="" type="checkbox"/> <input type="checkbox"/>		<input checked="" type="checkbox"/> <input type="checkbox"/>	<input checked="" type="checkbox"/> <input type="checkbox"/>		<input checked="" type="checkbox"/> <input type="checkbox"/>	<input checked="" type="checkbox"/> <input type="checkbox"/>		<input checked="" type="checkbox"/> <input type="checkbox"/>	<input checked="" type="checkbox"/> <input type="checkbox"/>		<input checked="" type="checkbox"/> <input type="checkbox"/>	<input checked="" type="checkbox"/> <input type="checkbox"/>	
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Identify your career and career path exploration goals	Any additional skills, training, or experience needed																											
<p>E.g. Develop some experience in my career path of interest</p> <hr/> <p>E.g. Find opportunities to network with professionals in my field</p> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>	<table border="0"> <tr> <td style="text-align: center; vertical-align: middle;">Expect Need</td> <td style="text-align: center; vertical-align: middle;"><input checked="" type="checkbox"/> <input type="checkbox"/></td> <td style="border-bottom: 1px solid black;">Do job simulation exercises</td> </tr> <tr> <td style="text-align: center; vertical-align: middle;"><input checked="" type="checkbox"/> <input type="checkbox"/></td> <td style="text-align: center; vertical-align: middle;"><input checked="" type="checkbox"/> <input type="checkbox"/></td> <td style="border-bottom: 1px solid black;">Join professional society</td> </tr> <tr> <td style="text-align: center; vertical-align: middle;"><input checked="" type="checkbox"/> <input type="checkbox"/></td> <td style="text-align: center; vertical-align: middle;"><input checked="" type="checkbox"/> <input type="checkbox"/></td> <td style="border-bottom: 1px solid black;"></td> </tr> <tr> <td style="text-align: center; vertical-align: middle;"><input checked="" type="checkbox"/> <input type="checkbox"/></td> <td style="text-align: center; vertical-align: middle;"><input checked="" type="checkbox"/> <input type="checkbox"/></td> <td style="border-bottom: 1px solid black;"></td> </tr> <tr> <td style="text-align: center; vertical-align: middle;"><input checked="" type="checkbox"/> <input type="checkbox"/></td> <td style="text-align: center; vertical-align: middle;"><input checked="" type="checkbox"/> <input type="checkbox"/></td> <td style="border-bottom: 1px solid black;"></td> </tr> <tr> <td style="text-align: center; vertical-align: middle;"><input checked="" type="checkbox"/> <input type="checkbox"/></td> <td style="text-align: center; vertical-align: middle;"><input checked="" type="checkbox"/> <input type="checkbox"/></td> <td style="border-bottom: 1px solid black;"></td> </tr> <tr> <td style="text-align: center; vertical-align: middle;"><input checked="" type="checkbox"/> <input type="checkbox"/></td> <td style="text-align: center; vertical-align: middle;"><input checked="" type="checkbox"/> <input type="checkbox"/></td> <td style="border-bottom: 1px solid black;"></td> </tr> <tr> <td style="text-align: center; vertical-align: middle;"><input checked="" type="checkbox"/> <input type="checkbox"/></td> <td style="text-align: center; vertical-align: middle;"><input checked="" type="checkbox"/> <input type="checkbox"/></td> <td style="border-bottom: 1px solid black;"></td> </tr> <tr> <td style="text-align: center; vertical-align: middle;"><input checked="" type="checkbox"/> <input type="checkbox"/></td> <td style="text-align: center; vertical-align: middle;"><input checked="" type="checkbox"/> <input type="checkbox"/></td> <td style="border-bottom: 1px solid black;"></td> </tr> </table>	Expect Need	<input checked="" type="checkbox"/> <input type="checkbox"/>	Do job simulation exercises	<input checked="" type="checkbox"/> <input type="checkbox"/>	<input checked="" type="checkbox"/> <input type="checkbox"/>	Join professional society	<input checked="" type="checkbox"/> <input type="checkbox"/>	<input checked="" type="checkbox"/> <input type="checkbox"/>		<input checked="" type="checkbox"/> <input type="checkbox"/>	<input checked="" type="checkbox"/> <input type="checkbox"/>		<input checked="" type="checkbox"/> <input type="checkbox"/>	<input checked="" type="checkbox"/> <input type="checkbox"/>		<input checked="" type="checkbox"/> <input type="checkbox"/>	<input checked="" type="checkbox"/> <input type="checkbox"/>		<input checked="" type="checkbox"/> <input type="checkbox"/>	<input checked="" type="checkbox"/> <input type="checkbox"/>		<input checked="" type="checkbox"/> <input type="checkbox"/>	<input checked="" type="checkbox"/> <input type="checkbox"/>		<input checked="" type="checkbox"/> <input type="checkbox"/>	<input checked="" type="checkbox"/> <input type="checkbox"/>	
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