Career PREP Externships

*Giving first and second year students the opportunity to spend one day observing a professional on the job*

The UCLA Career Center offers an externship program for Bruins entitled, Career PREP, which allows first and second year students the opportunity to spend one day observing a professional on the job. Career PREP typically takes place during winter and/or spring quarter. This externship program is designed to inspire and connect young Bruins with employers, alumni, and parents from California and locations across the United States.

An externship is an experiential learning opportunity which allows students the opportunity to explore and observe professionals in their occupation. Externships, also referred to as job shadowing, are similar to internships; however externships typically occur over a shorter period of time.

**Career PREP is intended to provide Bruins with:**

- An opportunity for early career exploration
- A deliberate introduction to professional organizational acumen and culture
- A method where students learn how to cultivate and build their professional networks
- An experience to deepen knowledge of effective workplace etiquette

**Benefits of Career PREP can include:**

- Resume enhancer
- Professional network builder
- Early access and exposure to employers
- Mentorship opportunities with alumni, employers, and parents.

Applications for Career PREP generally begin the first week of winter quarter and end the last week in January.

For more details about Career PREP, please contact the Employer Relations & Customer Service team at [BruinView@career.ucla.edu](mailto:BruinView@career.ucla.edu)