Career Development Process

- Assessing Self
- Exploring Options
- Gaining Experience
- Setting / Seeking Goals
- Enhancing Career
- Researching
- Acting
- Reflecting
Career Development Process

Assessing Self
Identify your skills, interests, personality, & values

Evaluate
• Who am I?
• What do I want?
• How much do I want it?
• Why do I want it?

Exploring Options
Researching written materials, conducting informational interviews, and exploring academic areas

Research
• What is out there?
• What are the costs?
• What are the benefits?
• Am I qualified?
• Am I passionate about my major?

Gaining Experience
Obtaining internships, part-time jobs, volunteering, joining clubs or organizations

Strategize
• How do I find an internship / part-time job?
• Where do I search for volunteer opportunities, clubs, or organizations?
• Do I enjoy these activities?
• How suited am I for this area?

Setting / Seeking Goals
Assessing options, making decisions, and taking steps to reach goals, improving resumes, applications, & enhancing interviewing skills

Take Action
• How do I showcase my abilities?
• Which areas do I want to pursue?
• How do I get there?

Enhancing Career
Re-evaluating your situation, assessing organizational culture, seeking professional development, continuing education, and feedback

Refresh
• Where do I go from here?